

Welcome to Boynton Canyon

Experiences and Outdoor Adventures

Surrounded on all sides by acres of pristine wilderness, Enchantment offers you the opportunity to connect to nature. Seek adventures on Sedona's extensive trail system. Relax poolside. Rejuvenate body, mind and spirit at Mii amo. Where will the canyon take you?



The Canyon Is Calling.

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Included In Your Daily Resort Fee

Morning Ritual	Access to:	Fitness & Movement Studio Hours:
Evening Meditations	Mii amo Spa Services (ages 16+ with reservation)	6:00 am – 9:30 pm
Fitness & Wellbeing Presentations	Mii amo Fitness & Movement Studio (ages 16+)	Activity Guide Key
Spring Celestial Cycles	Dining at Hummingbird at Mii amo (ages 16+ with reservation)	★ Included in your daily resort fee
Healthy Habits for Longevity	Pickleball Courts	All activities and pricing subject to change.
Intro to the Chakras	Tennis Courts	Prices listed do not include tax, service charge and gratuity. Select activities and excursions are subject to a cancellation policy.
Juicing	Artist Cottage	
Mindfulness Through Breath	Trail House Adventure Advisors	
Understanding Dreams	Seven Canyons Golf Club	
History of Boynton Canyon (Tuesdays & Fridays)	All Pools and Hot Tubs	
Chanting (Wednesdays & Saturdays)	Lawn Games	
Labyrinth Walk (Daily, except Sundays & Thursdays)		
Stargazing (Tuesdays & Saturdays)		
Vortex Lecture (Sundays & Thursdays)		



Special Events

Full Moon Hike

**March 24, 25, and 26, April 22, 23, and 24
May 22, 23, and 25**

*\$275 per person, Enchantment Trail House
Please reserve 24 hours in advance.*

Begin this hike on the trails just before sunset and watch as the moon rises over the red rocks. Hike back at twilight as the moon begins to glow above. Head lamps provided. Weather permitting.

Hiking Under the Stars - New Moon

March 10, April 8, May 7

\$275 per person, Enchantment Trail House

Please reserve 24 hours in advance.

Hike beneath Sedona's breathtaking dark sky without moonlight (new moon). Experience the trails from a different perspective as you hike alongside the star-lit cliffs of the red rocks. Sedona is an international dark sky community, an ideal location to experience stunning night skies. Weather permitting.

Stargazing ★

Tuesdays and Saturdays

Time Varies; please contact the concierge

Gaze into the Sedona night sky through a powerful telescope while our expert astronomer highlights bright stars, distant planets, and galaxies far away. Weather permitting. Meet at Enchantment Circle.

Private stargazing is also available.

History of Boynton Canyon ★

Tuesdays and Fridays

4:00 pm – 4:15 pm, Trail House

Join the Trail House team for a captivating presentation that spans centuries of human interaction within Boynton Canyon, offering a richer understanding of its geology, flora and fauna as well as its integral role in shaping the cultural tapestry of the region.

Mii AMO

Enchantment guests (ages 16+) enjoy access to the newly renovated Mii amo.

All Enchantment guests may use the Fitness and Movement studios, dine at Hummingbird, and are invited to attend the twice-daily Mii amo Crystal Grotto rituals and visit the Juice Bar and the Boutique.

Guests with confirmed reservations for spa services at Mii amo are invited to enjoy the communal areas of Mii amo on the day of their service, 1-hour before and 1-hour after their spa reservation. This includes the Mii amo Living Room, Pool, Sauna, Whirlpool, and Steam Room.



Spa hours are
6 am to 9:30 pm.

View the full spa menu by
scanning the QR code.

Epicurean Experiences

Each month the resort offers new culinary experiences. From cooking demonstrations to private tasting events, embark on a culinary journey with our talented team.



Culinary Classes

Saturdays, 3 – 3:30 pm
Please reserve 48 hours in advance.
\$55 per person, 4 person minimum

March: Eggs Benedict

Join one of our chefs to learn the art of a perfectly poached egg and the craft of making a velvety hollandaise sauce from scratch.

April: Gnocchi

Learn the secrets to shaping and cooking tender Italian gnocchi. Our chef will demonstrate the delicate balance of potato, flour, and technique to achieve pillowy perfection.

May: Empanadas

Allow one of our chefs to guide you through the process of making homemade empanadas. During this demonstration our chef will share step-by-step instructions, from creating the flaky pastry to preparing a savory filling.

Please dial 6010 from your guestroom phone to reserve culinary classes and wine and craft cocktail experiences.

**We kindly request that cancellations be made 24-hours in advance of your scheduled class. Cancellations made within 24 hours will be charged in full.*

The Joy of Wine

Fridays, 2:30 – 4:00 pm
Please reserve 48 hours in advance.
\$65 per person

Embark on a delightful tasting journey with our sommelier, exploring four carefully selected wines from the Enchantment cellar. Discover the mysteries behind the “Alchemy of Wine,” from the initial planting of vines to the captivating stages of maturation and fermentation.

Craft Cocktail Experience

Day and time arranged at booking
Please reserve 48 hours in advance.
\$75 per person plus \$100 mixologist fee per group, 4 person minimum

Learn how to create cocktails tailored to your palate! Choose your own or select seasonal cocktails.

Mii amo Chef’s Garden Experience

Tuesdays and Fridays, 11:00 am – 12:00 pm
Please reserve 24 hours in advance.
\$65 per person, Mii amo Chef’s Garden

Explore the Mii amo Chef’s Garden with a brief garden tour and discussion around plant cycles, seasonality, companion planting, plant care and composting. Includes a tasting of seasonal produce freshly prepared at our community garden table. Please dial 7724 for reservations.



HUMMINGBIRD AT MII AMO

Guests of Enchantment Resort (ages 16+) enjoy access to Mii amo’s signature restaurant, Hummingbird. The seasonal menus are ingredient-based focusing on simple, elevated, and high-quality dishes built on locally sourced ingredients with subtle touches from across the globe.

Designed to be an airy, light-filled space by day and a tranquil, candlelit space by night, the restaurant sources seasonal produce from its own Chef’s Garden as well as from nearby farms, ranches and orchards.

Open 6:00 am - 9:00 pm, reservations required.
Please dial 7724 for dining reservations.



Tennis, Pickleball & Golf

TENNIS

Enchantment Resort's tennis program offers camps, private lessons, hitting opportunities and private clinics. Our talented certified professionals offer instruction from beginning to advanced levels for adults and children ages 5+.

Court use along with racquets are included in the resort fee. ★

Private Lessons

Please reserve 24 hours in advance.

1/2-hour Private Lesson
\$75 per person

1-hour Private Lesson
\$125 per person

1-hour Semi-Private Lesson
\$200 for two people
\$75 for each additional person

Cardio Tennis

*Please reserve 24 hours in advance.
Wednesdays, 9:00 – 10:00 am, \$75 per person
Maximum of 6 participants per class. Ages 16+
This class offers a variety of cardio drills for intermediate to advanced players.*

Ball Machine Rental
\$50 per hour, Advanced reservation required.

Beat The Pro

*Scheduled upon request.
1 hour, \$125 per person
Open to advanced levels.*

Test your skills against one of Enchantment's tennis professionals. If you win, you don't pay! No-add scoring.

PICKLEBALL

Enjoy a family-friendly game of pickleball during your stay. There are two pickleball courts available to guests on a first-come first-served basis.

Pickleball camps, private lessons, and private clinics are also available. Our talented certified professionals offer instruction from beginning to advanced levels for adults and children over five years of age.

Court use and paddles are included in the resort fee.★

Intro to Pickleball

*Please reserve 24 hours in advance.
Saturdays, 9:00 – 10:00 am, \$75 per person
Maximum of 8 participants per class. Ages 16+
Advanced reservation required.*

This class is designed for players interested in learning the basic skills and rules of the game.



GOLF

As a preferred partner of nearby Seven Canyons Golf Club, resort guests enjoy exclusive access to the 18-hole, Tom Weiskopf-designed championship golf course. To reserve private lessons or tee times, please contact the concierge.

Cornhole, Ping Pong, Air Hockey, and Foosball are also available. ★

Hiking, Biking & Climbing Adventures

Trail House is the epicenter for active outdoor experiences. Stop in to learn about our vast array of hiking, mountain biking and rock climbing offerings. Visit the boutique for the latest in outdoor gear and apparel. Let our expert Adventure Advisors craft a menu of outdoor experiences tailored to your interests and fitness level.



NEW! SEDONA DRIVING TOURS

Embark on a leisurely and non-strenuous adventure to explore some of the most awe-inspiring and frequently photographed vistas in Red Rock Country. Allow our seasoned local guides to curate a road-based tour, unveiling the wonders of Sedona's red rock formations.

Premier Sedona Tour
2.5 hours, \$205 per person

Premier Vortex Tour with Guided Meditation
3 hours, \$255 per person



For more information, please scan the QR code or contact an Adventure Advisor at 928.203.8407 or dial 6983 from your guestroom phone.





Grand Canyon Tours

Intimately experience the Grand Canyon on one of our new private tours, led by our expert Trail House guides. Learn about its rich history, significant archeology, unique geology and diverse flora and fauna—all with breathtaking scenery.

South Rim Tour

Please reserve 48 hours in advance.

\$1,500 per 2 person minimum, plus \$300 for each additional guest.

Join us for a private guided tour of the South Rim. Depart from Enchantment on a custom adventure tailored to your interests. Visit several iconic destination viewpoints and museums along the rim. Includes private guided tour, breakfast, lunch, snacks, and transportation.

Below the South Rim Hiking Tour

Please reserve 48 hours in advance.

\$2,000 per 2 person minimum, plus \$300 for each additional guest.

Hike into the Grand Canyon. Customized to your interests and abilities, this private guided hike will allow you to experience the canyon from a new perspective as you explore up to 6 miles of trail. As you descend into the landscape, explore the changing rock layers and colors. Includes private guided tour, breakfast, lunch, snacks, and transportation.

Hiking & Mountain Biking Experiences

Discover the natural beauty of Sedona with a guided, private hike through some of the most stunning terrain in the country. With over 50 trails to choose from, our experienced Adventure Advisors will assist you in choosing the right hike for your skill level and interests.

SIGNATURE SPRING HIKES

Bird Watching Adventures

Enchantment Resort | 2 hours | \$205 per person
Oak Creek Canyon | 4 hours | \$295 per person

Hike the Red Rocks

2.5 hours | \$205 per person

VORTEX HIKES

Cathedral Rock Vortex Experience

4 hours | \$295 per person

Table Top Vortex Experience

4 hours | \$295 per person

TRAIL RUNNING

Red Rock Trail Run

2 hours | \$205 per person

EVENING HIKES

Sunset Hike the Red Rocks

2.5 hours | \$205 per person

Hiking Under the Stars

2.5 hours | \$275 per person

PRIVATE STARGAZING

\$400 (1-5 people)

Sedona is known as one of the top stargazing locations in the world. Immerse yourself in the spectacular night sky alongside our expert resort astronomer.

Stay Hydrated

Hydration in desert climates should be a top priority for hikers and bikers. Plan on drinking one liter of water per hour while hiking or biking around Enchantment.



With hundreds of miles of mountain bike trails in and around Sedona, let our expert guides lead you on an adventure that is best suited to your interests and abilities. Please wear appropriate athletic attire. Helmets are provided.

GUIDED MOUNTAIN BIKE RIDES

Beginner Mountain Bike Adventure

2 hours | \$205 per person

Family Mountain Bike Adventure

2 hours | \$205 per person

Ride the Red Rocks

2 hours | \$205 per person

MOUNTAIN BIKE LESSONS

2 hours | \$205 per person

The Trail House offers mountain bike lessons for guests of all ages and skill levels, from beginner to advanced. Basic bike riding skills required.

Kids' Mountain Bike Lesson

2 hours | \$205 per person

Daily Start Times: 8 am, 11 am, and 2 pm

Designed for the youngest riders in the family, our expert mountain bike guides teach kids the technical mountain biking skills needed to venture out on the trails. Basic bike riding skills required.

LITTLE SHREDDERS CAMP

\$295 per child, Offered daily

3-Hour Private Mountain Bike Lesson and Ride led by our expert mountain bike guides. Camp includes a custom Trail House jersey and sport bottle. Ages 8-15

PIVOT MOUNTAIN BIKE RENTALS

\$135 per day

Pivot Cycles is one of the most desirable and innovative mountain bike brands on the market. Based in Tempe, Arizona, its trail and all-mountain bikes have won numerous Bicycling Editors' Choice awards.

We have a fleet of premium mountain bikes available for rent. An expert guide will fit you to the bike and recommend trails for your skill level.

ROCK CLIMBING ADVENTURE

10 hours | \$695 per person, 2 person minimum
Please reserve 48 hours in advance.

Explore the Granite Dells near Prescott, Arizona and discover how rock climbing builds confidence while increasing strength and flexibility of both mind and body.

AXE THROWING

Join our Trail House team for an exciting axe throwing experience! Ages 16+

Offered daily. Advanced reservation required.

Please contact an Adventure Advisor by dialing 6088 from your guestroom phone.



Guide Spotlight



LINDSAY SCHEIWILLER

Eager to gain access to some of the nation’s best trails, Lindsay moved to Sedona 11 years ago and opened Sedona’s first running store. Lindsay’s trail running extends far beyond Sedona, and she has raced competitively racing in 100-mile events throughout the West. She enjoys sharing her love of running and knowledge of the local trails with visitors from far and wide.



GENO KELLY

Geno has 45 years of experience rafting, hiking, and guiding in the Grand Canyon. As a retired Arizona firefighter, he has a background in wilderness safety as well as search and rescue programs. With a deep understanding of the unique geology, archaeology, high desert flora, and history of the Grand Canyon, adventures with Geno offer guests the opportunity for active discovery and exploration.



LISA GRUBBS

Adventure enthusiast Lisa Grubbs finds great delight in the thrill of travel and outdoor exploration. This former naval officer turned naturalist truly found her calling through the study of the diverse bird species in our arid desert region. She loves sharing the natural wonders of the land with others and looks forward to meeting guests from all around the globe.



BILLY GOSNELL

An Arizona native, Billy has a degree in Parks & Recreation Management from Northern Arizona University and has 17+ years of experience leading outdoor experiences throughout the West and Southwest. Having traveled all over the world, he is most passionate about the history, archeology, geology and landscapes of Arizona. When he is not leading hikes, guests appreciate the wealth of knowledge Billy provides as the Trail House Activities Ambassador, guiding the guest experience based on interests and skill level.



DR. PATTI PIERCE

With a doctorate in education, administration and supervision, Dr. Pierce embodies the intrinsic principles of Enchantment Resort and Mii amo. Proficient in the practice of yoga, guests will find Patti conducting sessions at the fitness center and out on the trails during her specialty vortex hikes and powerful guided meditations.



STEVE TEDRICK

A skilled and experienced mountain bike rider, Steve has been riding the Sedona trails for over 33 years and has been a resident for 22 years. His understanding of the landscape allows him to curate memorable rides for guests of all skill levels and abilities. His calm and confident manner encourages novice bikers to establish a solid mountain biking foundation and intermediate to advanced riders new ways to perfect their skills.



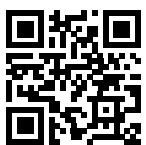
Fitness & Wellbeing

Enchantment guests enjoy access to the new 3,300 square foot Mii amo Fitness and Movement studios. Featuring more than 50 weekly classes and presentations, including strength, cardio, yoga and more. Personal training is also available.

PERSONAL COACHING

Mii amo's certified fitness trainers offer personalized coaching to Enchantment guests.

From private yoga sessions to strength training and nutrition sessions, the Mii amo team will work hand-in-hand with you to understand your personal fitness goals to co-create a private training session to deepen and expand your wellness routine.



For more information, please scan the QR code or call 928.204.6101 or dial 301 from your guestroom phone.

STRENGTH & CARDIO

Please reserve 24 hours in advance.

Dance Fit

*Sundays and Fridays, 9:30 – 10:30 am
Saturdays, 4:10 – 5:10 pm, \$35 per person*

Forget about honing perfect technique or mastering complex choreography! Dive in, have a good time, and boost your cardiovascular fitness by exploring a range of dance styles.

Bosu

*Tuesdays and Thursdays
9:30 – 10:30 am, \$35 per person*

This fun and challenging total body workout utilizes the half-ball Bosu in various ways to improve balance, stability and strength.

Cardio Tennis

*Wednesdays
9:00 – 10:00 am, \$75 per person
Meet at the tennis courts.*

Practice tennis drills on Enchantment Resort's professional-grade tennis courts. This class offers guests a variety of cardio drills for intermediate to advanced players.

Intro to Pickleball

*Saturdays
9:00 – 10:00 am, \$75 per person
Meet at the pickleball courts.*

This class is designed for players interested in learning the basic skills and rules of the game.

All classes and presentations are held in the Mii amo Movement Studio unless noted. Ages 16+

TONING, YOGA & PILATES

Please reserve 24 hours in advance.

Yin Yoga

Sundays and Thursdays, 6:30 – 7:30 am
Mondays, 4:10 – 5:10 pm
\$35 per person

Lower body stretches target the deep connective tissues and fascia through passive, longer-held poses, increasing energy flow and improving flexibility. Relaxation and meditation are key components of this class.

Restorative Yoga

Sundays and Fridays, 10:50 – 11:50 am and
Tuesdays and Thursdays, 4:10 – 5:10 pm
\$35 per person

Renew the body with peaceful and nurturing asanas. Restorative Yoga is designed to relax, unwind and rejuvenate.

Gentle Flow Yoga

Sundays, 4:10 – 5:10 pm
Tuesdays and Fridays, 6:30 – 7:30 am
\$35 per person

A softer, lighter paced flow coordinated with the breath, which allows you to move with a sense of ease and be more present with each pose.

Mat Pilates

Mondays, Wednesdays and Saturdays
9:30 – 10:30 am, \$35 per person

Improve posture, body alignment, muscle endurance, balance, coordination, and mental awareness with a workout that engages the entire core.

Hatha Yoga

Tuesdays and Thursdays, 10:50 – 11:50 am
\$35 per person

Practiced at a slower pace with a focus on the breath, this gentle class incorporates a variety of poses and stretches designed to leave you feeling balanced and refreshed.

Qi Gong

Wednesdays, 6:30 – 7:30 am, \$35 per person
Rejuvenating traditional Chinese practice, with a focus on breathwork along with graceful movements for balance and fitness.

Yoga Sculpt

Wednesdays and Saturdays
10:50 – 11:50 am, \$35 per person

A blend of yoga poses along with strength training exercises designed to leave you feeling calm, strong and refreshed.

Chakra Yoga

Wednesdays
4:10 – 5:10 pm, \$35 per person

Awaken each chakra center and release physical energy flow with this deep guided meditation. Chakra Yoga offers the opportunity to learn about and connect to your energy centers.

STRETCHING & MEDITATIONS

All classes meet in the Movement Studio at Mii amo unless noted.

Morning Ritual ★

Daily, 7:50 – 8:05 am and 8:10 – 8:25 am
Mii amo Crystal Grotto

Set your intentions for the day by joining this guided morning ceremony and meditation in the iconic Mii amo Crystal Grotto.

Evening Meditation ★

Daily, 6:10 – 6:40 pm, Mii amo Crystal Grotto

Experience relaxation while being guided on a sacred journey of self-awareness.

Morning Stretch

Mondays and Saturdays
6:30 – 7:30 am, \$35 per person

Awaken the body with a relaxing morning stretch while welcoming the new day overlooking the iconic red rocks of Boynton Canyon.

Labyrinth Walk ★

Mondays, Tuesdays, Wednesdays, Fridays,
and Saturdays, 8:40 – 9:10 am
Mondays, 5:30 – 6:00 pm
Mii amo Labyrinth

A guided meditation walk through the Mii amo outdoor labyrinth.

Foam Roller Fusion

Mondays 10:50 – 11:50 am and
Fridays 4:10 – 5:10 pm, \$35 per person

Release muscular tension, improve mobility and increase circulation by utilizing a foam roller and other fitness tools.

Chanting ★

Wednesdays and Saturdays, 5:30 – 6:00 pm

Experience the power of sound and mantra meditation in the acoustic healing environment of the Mii amo Crystal Grotto.

LECTURES & PRESENTATIONS

Reservations not required, except for Juicing and Mii amo Chef’s Garden Experience.

Vortex Lecture ★

Sundays and Thursdays, 1:50 – 2:50 pm
Meet at the Mii amo Living Room.

Learn about the power of Sedona’s vortex energy.

Mindfulness Through Breath ★

Sundays, 3:00 – 4:00 pm
Fridays, 1:50 – 2:50 pm

The breath is the foundation of every mindful practice. Learn how breath relates to emotion and how to channel its life-changing power to regain and sustain your wellbeing.

FITNESS HOURS

6:00 am - 9:30 pm, Ages 16+

To make a reservation for a fitness class, please call 928.204.6101 or dial 301 from your guestroom phone.

Intro to the Chakras ★

Mondays and Saturdays, 1:50 – 2:50 pm
Tuesdays, 3:00 – 4:00 pm

Learn what chakras are and how to bring conscious awareness to these energy centers. Keep your mind, body and spirit in balance with techniques used to release stagnant energy so that the body’s entire energy system flows smoothly.

Juicing ★

Mondays and Fridays, 3:00 – 4:00 pm
Meet at the Mii amo Juice Bar.

This class covers all aspects of juicing and will equip you with the knowledge to start incorporating juicing into your life to increase your nutrition and energy. Learn all about different ways to juice, benefits and ingredients, and enjoy tasting some fresh, delicious juice.

Mii amo Chef’s Garden Experience

Tuesdays and Fridays, 11:00 am – 12:00 pm
\$65 per person, Mii amo Chef’s Garden
Advanced Reservation Required

Explore our Chef’s Garden with a garden tour and discussion around plant cycles, seasonality, companion planting, plant care and composting. Includes a tasting of seasonal produce freshly prepared at our community garden table.

Healthy Habits for Longevity ★

Tuesdays, 1:50 – 2:50 pm and
Thursdays, 3:00 – 4:00 pm
Meet at the Mii amo Living Room.

Establishing healthy habits may increase longevity and enhance quality of life. Uncover insights into impactful habits, identify the small changes that can yield significant results, and learn how to incorporate them into your daily routine.

Understanding Dreams ★

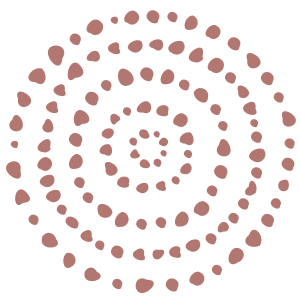
Tuesdays and Fridays, 5:30 – 6:00 pm
Meet at the Mii amo Living Room.

Explore the profound influence of dreams and unravel the intricate tapestry of messages they may be holding.

Spring Celestial Cycles ★

Wednesdays and Saturdays, 3:00 – 4:00 pm
Meet at the Mii amo Crystal Grotto.

The spring season is a time of new beginnings, rebirth and rebalancing. In this group session we honor and welcome new visions for ourselves, our communities and our world. Learn breathing and writing techniques for balancing and harmonizing with nature.



Mii amo

a destination spa

Since 2001, Mii amo has been recognized as a leader amongst destination spa and wellbeing resorts, for its programming, the caliber of its professionals, its setting, architecture and design. After a two year pause for renovation and expansion, we invite you to explore the reimagined Mii amo.

UNIQUELY MII AMO

Honoring our place and committed to our roots, these services, found only at Mii amo, represent how we have served our guests with inspired innovation for over twenty years.

Inner Quest

Take this journey of exploration in a safe and trusted place and open yourself to the possibility of deep inner clarity. Ceremonial elements of braided sweet grass (representing the braids of grandmother), rawhide drums (to open the four directions), and cedar/sage oil (sacred plants) are all part of a journey that when together with our skilled guides make this a Uniquely Mii amo experience.

Chakra Balancing

Scented vibrational oils aligned with the body's seven chakra centers are used in conjunction with their coordinating colors of minerals, crystals, and stones. The oils vibrate at the frequency of each chakra and, when combined with energy work, guide you toward more balance and clarity.

Intentional Aromatherapy Massage

Aromatherapy in a uniquely Mii amo way. By combining the uncommon partnership of ten essential oils and ten intention-setting cards, this treatment approaches aromatherapy by essence rather than by sense of smell. It includes a dry body brush exfoliation with a light, flowing massage.

Intuitive Massage

Combining a gentle massage with an energy reading, your therapist balances and integrates the various aspects of your psyche. Both healing touch and conversation are carefully attuned to your needs so you may deeply reconnect to your sense of wholeness.

Spring Celestial Cycles Seasonal Offerings

Inspiration Massage
New Beginnings Facial
Ideas Emerge Meditation



Insight

This is an invitation to discover how your personal energy expresses itself. A meditation and energy reading lead to an in-depth exploration into duality and your innate intelligence that lives beyond it.

Soul Consciousness

Through a variety of healing modalities, a master therapist shares techniques that help support heightened awareness, new perspective, or reconnection with your inner self. Techniques may include guided imagery, energy work, emotional release, soul journey, and breath work. Become more conscious of your hidden gifts and restore harmony and balance to your life.

Connection Ceremony

Times of transition can be challenging regardless of whether they are happy, sad, rocky, or fluid. In this ceremony, you can meet these moments by letting go, saying good-bye or welcoming in, because connection can take many forms. Each individual ceremony is created to help you through a transition. Your transition may be connected to a specific event, such as a birth, a passing, or an anniversary. Or, it may be a broader life circumstance such as the evolution of a relationship.



ENCHANTMENT GUESTS AT MII AMO

Enchantment guests (ages 16+) enjoy access to Mii amo.

All Enchantment guests may use the Fitness and Movement studios, dine at Hummingbird, and are invited to attend the twice-daily Mii amo Crystal Grotto rituals and visit the Juice Bar and the Boutique.

Guests with confirmed reservations for spa services at Mii amo are invited to enjoy the communal areas of Mii amo on the day of their

service, 1-hour before and 1-hour after their spa reservation. This includes the Mii amo Living Room, Pool, Sauna, Whirlpool, and Steam Room.

To make a spa reservation, please call 928.204.6101 or dial 301 from your guestroom phone.



SKINCARE

Our skincare specialists use only the finest products and advanced facial techniques.

Mii amo Facial

After an assessment of your skin type and any concerns, your esthetician will create and deliver a custom protocol to address your skin's needs. A variety of purposeful techniques including guasha, micro current, multi wave light technology and products are selected to hydrate and reduce inflammation.

Cupping Facial

This unique method uses cups to increase circulation and stimulate collagen production which can minimize puffiness and reduce the appearance of fine lines while easing muscle tension and promoting whole health.

Lymphatic Facial

Working to stimulate the lymphatic system, this facial focuses specifically on detoxification, enhancing blood circulation and delivering fresh oxygen to tired, overworked skin.

Gentlemen's

Designed to address the special needs of men's skin, this facial considers the effects of daily shaving and how it can sensitize skin.

BODY TREATMENTS

Our Body Treatments include varying types of exfoliation, wraps and massages.

Desert Mist Body Renewal

This scrub, wrap and full body massage deliver head-to-soul healing. A soft magnesium scrub calms and reduces inflammation, and is followed by a clay wrap, which draws out toxins and improves circulation. Finally, a relaxing body massage utilizing a rich body butter moisturizes the skin. A tension-releasing face and scalp massage complete this experience.

High Desert Enzyme Wrap

After a whole body detoxifying dry brush, a light wrap of botanical and fruit enzyme oils stimulate the skin's ability to repair and hydrate. Now your skin is ready for a peptide-infused body lotion that nourishes and increases cellular rejuvenation.

Dosha Balancing Wrap

This Ayurvedic treatment addresses your unique constitution (Dosha). It begins with a scent journey of three Dosha-balancing oils. Light, rhythmic strokes soothe the skin while preparing you for a warm, detoxifying, herbal-infused wrap. An energy-opening Ayurvedic Marma- Point facial massage finishes this experience.

MASSAGE AND BODYWORK

Our Massage and Bodywork Treatments include varying types including couples massage.

Ancestral Stone Massage

Ancient cultures around the world believe that our ancestors work through stones to support our healing journeys. This modern-day interpretation incorporates both hot and cold stones. Basalt stones are used for their thermodynamic qualities that maintain heat and transfer energy while marble stones remain cold resulting in a direct effect on the cardiovascular system and relaxation of the muscle tissue.

CBD Massage

Our CBD massage begins with a dry brush and hot compresses, to prepare the body to receive the healing benefits of the CBD oil. Then, using a combination of massage techniques and application of a high potency CBD salve, stress, anxiety, and muscle tension are relieved.

Explore the Full Spa Menu by scanning the QR Code below.



Spa hours are
6:00 am to 9:30 pm

Available to guests
Ages 16+

Artistic Activities



Visit the Enchantment Artist Cottage and explore a variety of classes offered daily. Supplies Included. Please reserve 24 hours in advance.

Beading

\$85 per person, 1 – 2 hours

Create a unique bracelet with beading wire and sterling silver clasps. Select from stone, ceramic, or wood beads to design a bracelet that resonates with your personal creative style.

Exploring the Acrylic Palette

\$165 per person, 2 hours

An ideal class for beginning painters, allow our artist instructors to teach you how to work with this versatile, bright and bold medium. Learn beginner to advanced acrylic painting methods including underpainting, glazing and textural effects.

Pastels

\$165 per person, 2 hours

Explore the magic of creating art with pastels. Your instructor will guide you through various techniques to help you find your individual style, while enjoying the magic of blending and color exploration.

Enjoy a glass of our sommelier’s choice of wine during the art classes listed above.

Available to guests 21+. \$20 per glass

Sketching from Nature

\$165 per person, 2 hours

Weather permitting.

Explore the beauty of nature from an artist’s perspective. Meander along Enchantment’s pathways to discover the elements and textures of the high desert. From the towering sandstone red rocks to cacti and juniper bark, connect to nature while building your observation and drawing skills.

Southwest Pottery Glazing

\$85 per person, 1 – 2 hours

Learn the secrets of pottery glazing from our expert instructors. Your masterpiece will bake in our on-site kiln and be ready the next day.

Tree of Life

\$115 per person, 2 hours

Transform copper wire and crystal and stone chips into a tree of life pendant. Explore detailed wire working skills using jewelry pliers to bend, twist and shape copper wire into intricate designs. Available to guests 16+.

Watercolors

\$165 per person, 2 hours

Learn how to capture the stunning red rock scenery in watercolor from our resident artist. This activity is available to guests ages 7+.

TRAIL HOUSE PHOTOGRAPHY TOURS

Red Rock Photography

Day and time arranged at booking, 2.5 hours

\$315 per person, Trail House

As we drive to several stunning vistas during golden hour, expand your photographic skills under the guidance of a professional, and return home with a shot you might want to frame. Bring your camera or smartphone.

Creative Photo Tips

Day and time arranged at booking, 2 hours

\$255 per person, Trail House

Join our professional photographer for a walk around the property and learn simple techniques to amplify dimension and control focus, as well as tips on lighting and composition. Plan to capture engaging landscapes, up-close macros, architecture, and portraits. Bring your camera or smartphone.

Night Sky Photography

Day and time arranged at booking, 2.5 hours

\$315 per person, Trail House

Photograph the Milky Way or moon-lit red rock cliffs under Sedona’s starry with our professional photographer. Return home with an extraordinary photograph that you might want to frame. Bring your camera or smartphone.

**We kindly request that cancellations be made 24 hours in advance of the scheduled class. Cancellations made within 24 hours will be charged in full.*

Camp Coyote

Designed to educate and inspire our youngest travelers, Camp Coyote offers activities that explore the region's culture and natural environment. Trained counselors guide campers ages 4-12 through a host of adventures including nature walks, arts and crafts, scavenger hunts, and culinary activities.

SIGNATURE CAMP PROGRAMS

Canyon Geocache

Campers will learn how to use a compass before going out to hunt for some hidden treasure boxes.

Camp Sports

Enjoy time outdoors on with a game of pickleball, tag and relay races, ping pong, foosball and/or bocce ball.

Indoor Games

Campers can choose from a wide variety of board games, puzzles, guessing games and indoor table games.

Mystery Tracks

Find and identify animal tracks and learn how they survive in the desert.

Nature Walk

Discover plants and wildlife around Boynton Canyon.

Night Time Sensory Activities

Experience how the darkness of the canyon at night can play tricks on vision and/or enhance the other senses.

Regional Arts & Crafts

Make unique crafts such as painted wooden snakes and lizards, terra cotta pots and magnets.

Stargazing (Tuesdays & Saturdays)

Use telescopes to learn about our solar system. Available only during Evening Camp.

HOURS & PRICES

**subject to counselor availability*

Morning Half Day Camp

8:30 am – 12:00 pm | \$155

Afternoon Half Day Camp

12:30 – 3:30 pm | \$155

Evening Camp*

5:00 – 9:00 pm | \$175

Full Day Camp

8:30 am – 3:30 pm | \$275

Activities may vary due to weather conditions, season and participants.

ENROLL IN CAMP

All sessions above include a Camp Coyote backpack, snack or meal, and all craft materials.

For more information or to make a reservation, please contact our camp counselors by dialing 928.204.6056 or dial 6056 from your guestroom phone.

POLICIES

All children must be fully potty trained.

Cancellations must be received 24 hours prior to the camp start time to avoid a cancellation charge of 50% of the value of the session.

*From January through the end of March, Camp Coyote will be held in the Artist Cottage.

KIDS MOUNTAIN BIKING CAMP LITTLE SHREDDERS

\$295 per child, Offered daily at Trail House

3-Hour Private Mountain Bike Lesson and Ride led by our expert mountain bike guides. Camp includes a custom Trail House jersey and sport bottle. Ages 8-15



Explore Sedona

Please contact the concierge for more information about any of the tours listed below.

Airplane Tours

Awe-inspiring air tours are available to the South Rim of the Grand Canyon and many destinations in the Southwest. Explore the red rocks of Sedona, Oak Creek, Secret and Sycamore Canyons, Monument Valley, Lake Powell and more.

Hot-Air Balloon Rides

View the spectacular vistas of Red Rock Country from a hot air balloon. The fun begins with the exciting inflation of the balloon and continues as you rise with the sun during the ascent.

Northern Arizona Wine Tours

Embark on a Cottonwood, Page Springs, or Jerome wine tour. Sample and learn about the wonderful wines on the Verde Valley Wine Trail. These educational Arizona wine tasting tours are a great way to visit the region's award-winning wineries and tasting rooms.

Pink Jeep Off-Road Tours

Sedona's famous red-rock landscape offers adventure at every turn. Experience it for yourself with off-road tours that wind through the scenery in Pink Jeep® Wranglers. On Fridays, Saturdays, and Sundays, select tours depart directly from the resort.

Railroad Tours

Take a historic journey through the Verde River Canyon on a mining railway that dates to 1911 or journey to the Grand Canyon from Williams, Arizona on a steam locomotive.

Tlaquepaque Arts & Crafts Village

Explore luxury shops, fine restaurants and arts and crafts galleries in a village setting of courtyards, splashing fountains and flower gardens.

Scenic Drives

Bring a camera and a picnic lunch for a scenic outing through Uptown Sedona into Oak Creek Canyon. Alternatively, venture out to Red Rock Loop Road which showcases the famous Cathedral Rock. Or explore the winding drive up to the top of Airport Mesa, a popular spot to take in a spectacular sunset.

Parks, Sites & National Monuments

Plan an excursion to some of the sites, national monuments, or state parks in the region.

- Slide Rock State Park** 928.282.3034
- Red Rock State Park** 928.282.6907
- Montezuma Castle** 928.567.3322
- Chapel of the Holy Cross** 928.282.4069
- Crescent Moon Park** 928.203.2900
- Tuzigoot National Monument** 928.634.5564
- Jerome Chamber** 928.634.2900
- Grand Canyon National Park** 928.638.7888

Directory

Artistic Activities

To make a reservation for one of our artistic classes, please call 928.203.8470 or dial 8179 from your guestroom phone.

Camp Coyote

To make a reservation for Camp Coyote, please call 928.204.6056 or dial 6056 from your guestroom phone.

Epicurean Experiences

To make a reservation for one of our epicurean classes, please call 928.204.6014 or dial 303 from your guestroom phone.

Fitness and Wellbeing

For more information on fitness classes, mindfulness lectures and presentations, and full moon / new moon ceremonies please call 928.204.6101 or dial 301 from your guestroom phone.

Golf at Seven Canyons

To book private lessons or tee times, please contact the concierge at 928.204.6014 or dial 303 from your guestroom phone.

Hiking, Biking, Rock Climbing, Photography and Grand Canyon Tours

To make a reservation, please call an Adventure Advisor at 928.203.8407 or dial 6983 from your guestroom phone.

Mii amo, a destination spa

To make a reservation for a spa service or a Mii amo fitness offering, please call 928.204.6101 or dial 301 from your guestroom phone.

Pink Jeep Tours

Please contact the concierge at 928.204.6014 or dial 303 from your guestroom phone.

Tennis / Pickleball

For more information about private lessons or court reservations please contact the Tennis Pro Shop at 928.204.6027 or dial 6027 from your guestroom phone.