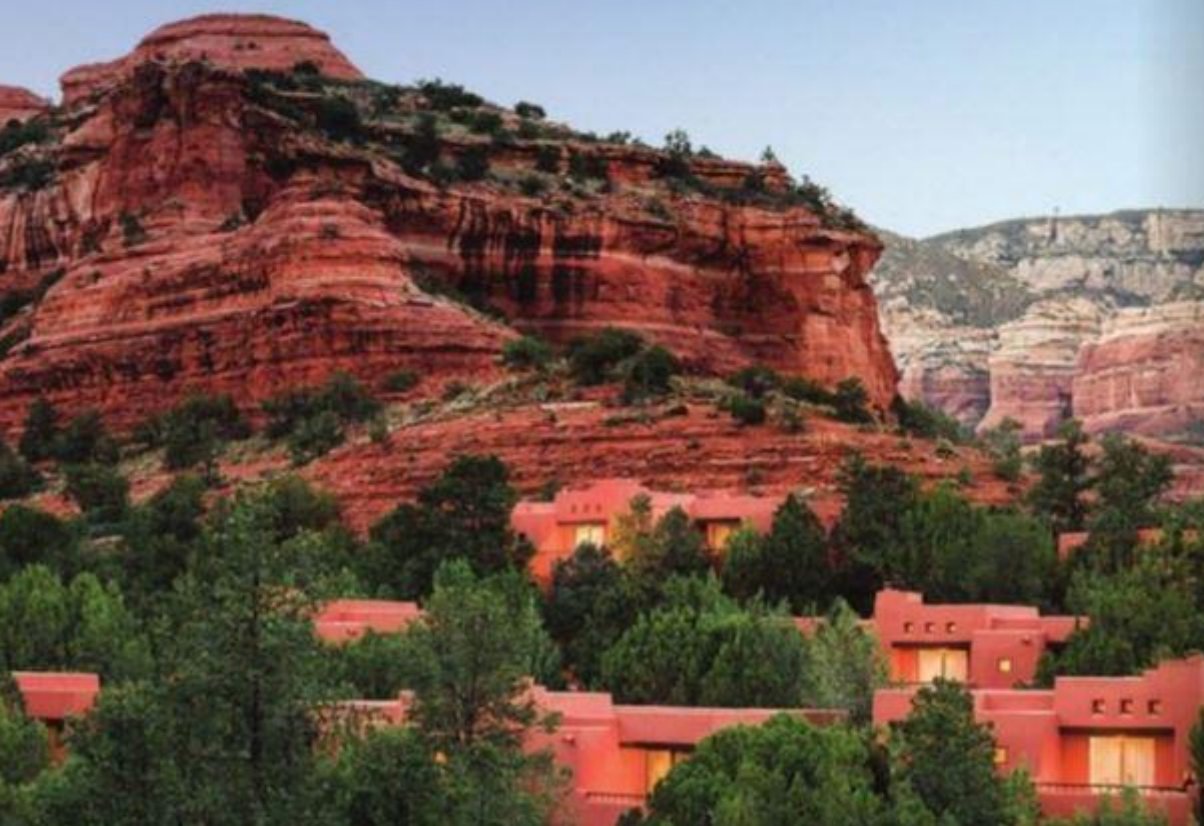


Enchanting Luxury in the HEART of Sedona

By Devin Kinasz



One of Arizona's top properties, Enchantment Resort, offers wellness and respite in Sedona's famous red sandstone canyon.

IMAGINE 360 degree views of fiery red sandstone rocks framed by a big blue sky with white fluffy clouds. Imagine an almost sacred ground infused with healing energy from vortexes deep below the earth. Places this powerful and special are rare. But Sedona is one of those magical spots that make you stop in your tracks and ask, "Is this place for real?"

Long a mystical hotspot, Sedona also ticks several boxes for wellness travel – including beautiful scenery, world-class spas, a local organic food movement and a slew of spiritual seekers – attracting a diverse crowd, from new-age hippies to the luxury spa crowd, and everything in between.

Everywhere you look in Sedona, you see imposing red rock formations dotting the landscape, jutting up from the desert floor, creating spectacular views that change hourly with the light. It's with good reason that Good Morning America and USA Weekend named Sedona the Most Beautiful Place in America.

The options for upscale accommodations are endless, but one of the best, and the town's most renowned, is Enchantment Resort & Spa. Tucked away in Boynton Canyon, this place does everything to maximize luxury, comfort and the views with floor-to-ceiling windows and outdoor patios with gas fireplaces to enjoy the sunset while sipping wine. Even the pool had an impossibly dreamy setting.

The on-property spa, Mii Amo, is rated one of the top spas in the country and specializes in a holistic approach to rejuvenation, honouring local culture and the simplicity of nature. Guests can indulge in full-body massages and body treatments using local ingredients such as the prickly pear cactus and mineral-rich clay. All the stresses of daily life quickly melt away.

In the main restaurant, Che-Ah-Chi, the menu combines local, organic ingredients and serves contemporary American cuisine with a hint of Southwestern and Mexican influence. The menu included dishes like lobster bisque, grilled cobia and lamb sirloin. Good quality, organic food is often seen as an essential part of any wellness experience to make sure the body is being nourished inside and out, and this dining experience got it just right.

The rooms are in fact casitas and each has a balcony with stunning views to enjoy while sipping your morning coffee. All are impeccably appointed in Southwestern style, some even with cozy fireplaces or private pools.

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Next to Enchantment Resort is one of Sedona's famous vortexes, Kachina Women. The vortexes in Sedona are said to be enhanced spiritual and metaphysical energy locations (or more scientifically explained as areas with more neuro-stimulation). Guests can take a moderate hike up to the vortex, when you feel a sense of serenity, surrounded by breathtaking natural scenery. You can take it all in, here in one of the most visually stunning destinations in the world. 📍

FOR MORE DETAILS ABOUT SEDONA AND INFORMATION ON WHAT TO DO AND WHERE TO STAY SEE: visitsedona.com